



प्राचार्य
एम बी राजकीय स्नातकोत्तर महाविद्यालय
हल्द्वानी (नैनीताल) - २६३१३९
दूरभाष: ०५९४६-२२२०१७

(2024-25)

7.1.1 - Measures initiated by the Institution for the promotion of gender equity during the year

1. The Sexual Harassment (Prevention, prohibition, and Redressal) Cell, anti-ragging cell, Students Grievances Redressal Cell, as also the College unit of the Chief Ministers Helpline portal, effectively redress the complaints extended to it. The sexual harassment and the women's cell, in fact are responsible for organizing awareness programs, expert talks, on a regular basis, and redress the complaints made to it on priority basis, and effectively. Also, the working of the above cells, primarily Sexual harassment (Prevention, prohibition, and redressal) Cell extends to all the faculty and the non-teaching staff, too. For greater awareness of such cells for effective redressal, the contact details of the faculty have been displayed within the campus.
2. Gender-related issues, specifically those as concerns the women (girls), inclusive of mental health, women-specific health issues, etc are taken up in general, and specifically by the PG Diploma in Guidance & counselling Cell.
3. A girls' common room with a recreation facility remains opened for the use of the girl students. A number of sanitary napkin vending machines, and disposal machines have been installed in girls' washrooms. Water supply and regular sanitary efforts undertaken by the sanitation works.
4. A Mental Health & Wellness Centre, established and run by the Department of Psychology, regularly holds (i) workshops on mental health awareness, and (ii) clinics and talks by inviting a local eminent psychiatrist or counsellors to counsel and treat issues of mental health, within the campus itself. Other activities carried out by the cell are the following- (i) educating youth about their locus of control, (ii) relaxation techniques, (iii) providing outlets to relieve anxiety and other emotional problems, (iv) developing a sense of meaning and purpose in life, and (v) grooming skills and enriching the skills of the students, among others. To encourage students to seek redressal, the mobile numbers of those in charge of the above committees, are made available.
5. The department of Psychology holds expert talks, competition, on the occasion of such commemorative days such as- World suicide prevention day (19th Sept. 2024), World Mental Health Day (10th Oct. 24), and likewise.



PG Diploma counseling class being taken by an invited expert

This is to certify that the information provided above is correct to the best of my knowledge & belief.

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