

Make your meal count



Extra challenge! Can you make it for cheaper?

Your mission (if you choose to accept it) is to plan and prepare a healthy two course meal for at least four people for less than \$15 per person.

First Course Menu

What nutrients will you have?

Second Course Menu

What nutrients will you have?

Ingredients for 1st Course	Cost
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Ingredients for 2nd Course	Cost
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Happy Cooking!



First Course Sub Total \$	Second Course Sub Total \$	Total Cost of Ingredients \$	Cost Per Person \$
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