Commitment to Excellence









Welcome to KIST



Dear Students,

It gives us great delight to welcome you to KIST – Kathmandu Institute of Science & Technology.

The College has a perfect teaching-learning environment where our faculty focuses on course content, instills subject knowledge, and develops conceptual understanding. Individualized instruction fosters study and problem-solving skills leading to academic excellence.

We transform our students into confident learners and assured achievers with a passion for professional competence, lifelong learning, and personal growth. Choosing where to study after high school is a major decision. If you wish to do well in life, KIST is a choice you will treasure!

Our accomplished graduates invariably leave this institution fully prepared for higher studies. KIST alumni normally get top placements, scholarships, or jobs, and successfully play leading roles in whichever walk of life they choose as dynamic global citizens.

Exciting times are certainly ahead of all of us! And I hope you too decide to be part of the continuing, unstoppable success of this leading institution . . .

Best regards,

Dr Dambar Singh Air Principal





Introduction

Esteemed for its governing ethos – academic achievement for professional perfection – KIST is a special college. What makes it unique is its stimulating, transformative blend of intellectuality, seriousness, and goal-orientation just within one student community and one campus.

Established in 1995, KIST – Kathmandu Institute of Science & Technology – has a rich 22-year-long history. The College runs excellent +2 programmes in Science as well as Management and also offers Bachelor's and Master's. An educational pioneer, this institution has helped to shape the qualitative delivery of higher-level education in Nepal.

The distinctive appeal of the College is that once students join Grade XI here, they always become fully committed to their educational and professional future. Our top-class faculty members are extremely dedicated, and our academic focus contributes to scholastic output. Over the last two years, because of increasingly effective management and student endeavour, our results have been most commendable.

The College has its own well-engineered, safe buildings with sufficient amenities boosting academic effectiveness. KIST campus is spacious enough for wide-ranging games & sports as well as co-curricular & extracurricular activities. The institution also has special clubs that serve the interests of students and to encourage our youngsters to serve society through useful action.

KIST, in fact, is where you'll be able to refine your purpose in academic life and define the profession or career you wish to embark upon thereafter. Our commitment, alongside excellent inputs and focused guidance, to help you to achieve your professional quest and life-goals is absolute. We believe in making a real difference by making you all unbeatable winners!

+2 Programmes at KIST Gaining Relevant Qualifications



KIST +2

KIST offers outstanding +2 programmes in Science and Management. In particular, the College provides exceptional +2 teaching alongside all-round educational and other opportunities to its bright and talented students.





+2 Programme

The +2 programme in Nepal is the standard path to further studies for post-SEE / Equivalent level students. This academic programme builds a thorough educational base for higher studies in renowned colleges and universities globally. It assuredly leads to promising careers in engineering, health & medical science, or management.

For more information visit www.neb.gov.np

Subject-Group Combinations

Our +2 programmes have distinct subject-group combinations for Science and Management. Students have choices within these combinations.

Science

Grade XI	Grade XII
English	English
Physics	Nepali
Chemistry	Physics
Mathematics	Chemistry
Biology/Computer Science	Biology/Mathematics
	Computer Science

* Grade XII Biology students can take Mathematics as an additional subject.

Management

Grade XI		Grade XII		
English		English		
Nepali		Business Mathematics/Marketing		
Accountancy		Accountancy		
Economics		Economics		
Hotel Management Business Studies/Mathematics Computer Science	Any 1	Hotel Management Business Studies /Mathematics Computer Science	Any 1	

Get Scholarships Supporting Your Education



The College offers over 250 useful & varied scholarships annually. Life-changers, these scholarships help to spot and sponsor academic excellence alongside other exceptional personal performance: They make studying here a great idea! Undoubtedly, a KIST Scholarship will give you a distinct advantage in your educational & professional life.

Merit Scholarships

Based on SEE Grades

KIST awards Scholarships to students who get high grades in SEE exams. These Scholarships are allotted in each Type in order of mark-based merit per seat availability.

Based on KIST Entrance Tests

KIST awards a number of Merit-Based Scholarships to applicants according to their performance in its Entrance Tests prior to admission.

Туре	Scholarship Particulars	Science	Management
1	Merit Award I	10 seats	10 seats
	Full Scholarships	Min. GPA 3.9 in SEE	Min. GPA 3.85 in SEE
2	Merit Award II	20 seats	20 seats
	100% Tuition fee waiver	Min. GPA 3.85 in SEE	Min. GPA 3.8 in SEE
3	Merit Award III	20 seats	20 seats
	50% Tuition fee waiver	Min. GPA 3.8 in SEE	Min. GPA 3.7 in SEE
4	Merit Award IV	20 seats	20 seats
	25% Tuition fee waiver	Min. GPA 3.7 in SEE	Min. GPA 3.6 in SEE
5	Merit Award V	20 seats	20 seats
	10% Tuition fee waiver	Min. GPA 3.6 in SEE	Min. GPA 3.5 in SEE
6	District Topper Award 100% Tuition fee waiver	Min. GPA 3.6 in SEE, certified by DEO	
Turne	Cabalanahin Danti mlana	Crience	Management

OVER

Туре	Scholarship Particulars	Science	Management
1	Entrance Award I 100% Tuition fee waiver	2 seats	2 seats
2	Entrance Award II 50% Tuition fee waiver	10 seats	10 seats
3	Entrance Award III 25% Tuition fee waiver	10 seats	10 seats

Talent and Need-Based Scholarships

In order to foster all-round development, KIST awards Scholarships to students who demonstrate pronounced talent in science, the arts, or sports. The College also gives Scholarships to deserving needy students for reasons of social equity and inclusiveness.

Performance-Based Scholarships

Students who get the top positions in KIST Term Exams are awarded Scholarships for their praiseworthy performance.

Туре	Scholarship Particulars	Seats	Description
1	Science Award	2	For meaningful, original inventiveness
2	Arts Award	2	For well-known or creative presentation
3	Sports Award	2	For noticeable accomplishments or rare abilities
4	Social Equity Scholarships 50% Tuition fee waiver	10	To empower the physically, socially, or geographically disadvantaged

Туре	Scholarship Particulars	Science	Management
1	Performance Award I 100% Tuition fee waiver	2 seats	1 seat
2	Performance Award II 50% Tuition fee waiver	3 seats	2 seats

Infrastructure & Campus

Safe Environment & Central Location





College Buildings

KIST has built its own purposeful spacious academic buildings with abundant amenities. Our construction is structurally sound and made with a view to run this popular educational institution effectively. There is enough space for wide-ranging activities and large classrooms for flexible learning environments. The College also has a roomy library, seminar halls, faculty and administrative offices for plentiful study opportunities or requirements.

The Premises

The College grounds are fairly large and contain sports facilities like basketball, badminton, and table tennis. They are used for multifarious college events or other important outdoor purposes. Our premises are wide, open, clean and fresh with pleasing flowers and greenery.

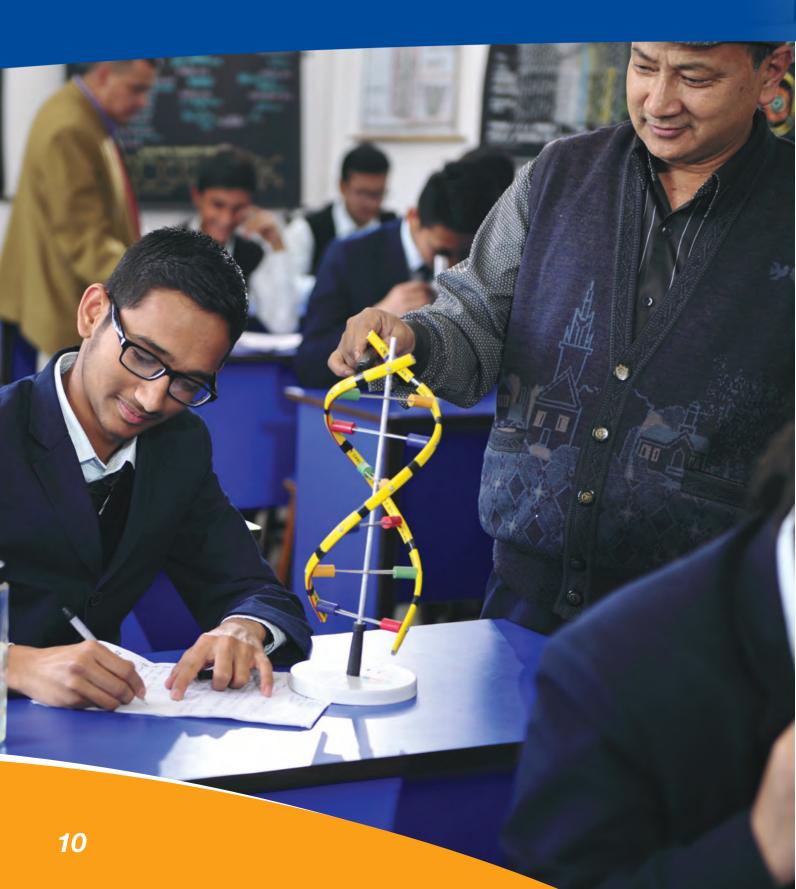
Safe Environment

The setting of KIST is secure and peaceful in every way. The physical infrastructure has been assembled strictly according to governmental guidelines keeping in view, among other technicalities, natural hazards. All our buildings that accommodate several key facilities are well maintained and regularly inspected by engineers for functionality and safety. As a result, our environment is most conducive to all activities concerning the academic accomplishment and overall development of our students.

Ideal Location

KIST is well situated in a serene and lush spot in central Kathmandu. This makes our city campus easily accessible and saves students' time, money, and energy while commuting shorter distances to and fro their classes or games here. We offer an ideally located, model campus with modern classrooms and quiet study areas to all our current or prospective students.

High-quality Education Pursuing Academic Excellence



95% students believe that teaching at the College is excellent. Learner Satisfaction Survey 2017

Excellent Faculty

Our dedicated and experienced faculty delivers excellent teaching-learning. Tutors supervise academic performance, interact with students, and give needed guidance. In order to maintain and upgrade its benchmarks, KIST supports ongoing professional development and training of its teachers.

Effective Methodology

KIST teaching methodology is unique. Teachers use flexible, multiple learning styles to help students increase understanding and remember information. Our pedagogic methods integrate technology that fosters a desire to learn and helps students to acquire critical thinking skills.

Systematic Assignments

We give students regular homework co-related to methodical classwork and complete course coverage. Systematic vacation homework and ample preparatory work for Board Examinations are mandatory. KIST Student Planners help in a planned and output-oriented approach to student academic effort.

Close Monitoring

Our proficient faculty watchfully monitors academic progress. Teachers impart both group and personalized instruction of the highest quality. KIST insists on meticulous checking of lesson assignments, daily or special homework, and collegiate attendance – both punctuality and regularity.

Regular Exams

KIST's academic life is power-driven by tests and examinations. We take regular class tests, Term and Pre-Board exams. The examination system of the College is well structured and surely enhances the competitive success of our students.

Continuous Assessment

Our term-wise evaluation is based on student performance in Term examinations and additional assessment of class tests, assignments, and attendance. We also evaluate students appropriately with reference to their co-curricular and extracurricular activities. KIST teachers give performance feedback that is the basis of vital academic support.

Sufficient Practicals

The College arranges sufficient practicals to meet syllabi standards and students' hands-on learning needs. These lab classes and experimentation greatly help students to become familiar with science, technology, and management in real or applied situations. KIST instructors and technical staff provide close support to students so as to transform their theoretical learning into handy concrete know-how.

Learn Deeper Utilizing Study Opportunities





Regular Tutorials

Tutorial System

KIST's well-designed tutorial system truly improves the academic performance of its students over the year. This is a unique scholastic opportunity at the College for students to get individual attention and indispensable support to learn better. The College provides regular tutorials during college hours as an integral part of its formal teaching plan consisting of lectures, tutorials and practicals. Interactive, task-based, and specific, our tutorial classes address the possible lack of full understanding and needed clarity of students in certain subjects or particular topic-areas. KIST tutors impart study & exam tips and also give revision follow-ups.

Additional Tutorials

KIST organizes extra tutorials on Saturdays, during the week, and over the vacations throughout the academic session. These intensive tutorial classes are arranged on the basis of an attending student's academic level or proficiency, need, or request. We emphasize small-sized classes that provide individual care and precise guidance.

Preparation Courses

Our distinctive synergistic teaching-learning approach has made KIST preparation courses vital for students. They give an extra edge to our students for succeeding in both their regular course-based and competitive examinations.

Competitive Preparation

KIST's competitive preparation classes for medical, engineering and management entrance tests are held throughout the year. They prepare students during their yearlong studies for doing well simultaneously in Board exams and later in key entrance tests essential for their higher studies. Such thorough coaching also largely assists them to obtain scholarships after +2.

Refresher Classes

The College provides refresher classes after completing the main course. These inputs encapsulate a quick penetrating review of the entire course and provide a solid tutoring session for subsequent NEB Board Examinations. Such classes give KIST students a superb chance to consult subject teachers about hard topics or difficult questions and to clear their doubts.

Counseling Services

KIST offers essential counseling services that are available to its students at all times. We recognize the importance of supporting the positive growth of each individual studying here. The College concentrates upon areas relevant to their ongoing academics, future study or career plans, and personal or social needs and wants.

Academic & Personal

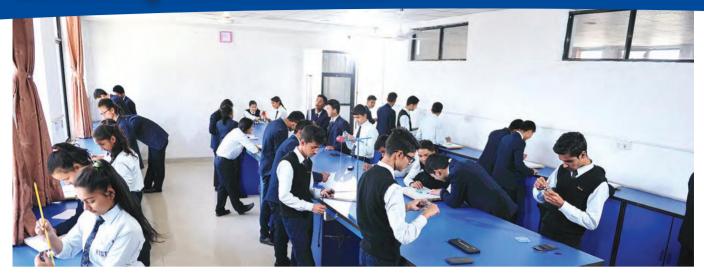
KIST academic counseling for students is based on their subject-wise performance. This counseling facilitates the acquisition of study skills and habits along with time management techniques that together help in eradicating their weak spots. Additionally, personal counseling at the College aims at maintaining the highest standards of conduct and discipline to prepare each student for an exemplary college life.

Higher Studies & Careers

The College counselors advise students about choosing the right courses and suitable colleges or universities for higher studies. KIST counseling also extends to institutional search and applying for placements or scholarships. We suggest educational and career choices based on available opportunities globally carefully considering students' preferences.

Cutting-Edge Facilities

Benefitting from Resources













Library

The College library has a large updated collection of internationally standardized textbooks, reference or general reading books, and e-gadgetry. We subscribe regularly to first-rate newspapers, magazines, and journals so that our students have access to the latest authentic information. We have set up an e-library for helping students access latest study materials.

Laboratories

KIST has well-equipped, commodious, hygienic laboratories for Physics, Chemistry, and Biology. The labs have modern apparatus and ample, varied materials or specimens to disseminate in-depth practical competence. Our technical staff provides full support to students.

Canteen

The College has a canteen for students and employees in its premises. At KIST, the food and beverage including free drinking water quality is checked carefully. We ensure that all food items are fresh, clean, nutritious, chemical- and pestfree, and as affordable as feasible.

ICT Centre

KIST has a digitally networked working environment with a centrally located ICT – Information Communication Technology–Centre with continuous Internet connectivity. The College also has state-of-the-art computer labs to encourage e-learning and enhance computer skills so necessary in the contemporary knowledge socioeconomy.

Transportation

KIST transportation services, to and fro the College within Kathmandu valley, are dependable, punctual, comfortable, and reasonably priced. Our bus stops for student commuters are clearly laid out and the timings are set as per our bus schedules.

Hostels

The College has efficiently managed hostels that are secure, decent, clean, and quiet places ideal for the educational journey of KIST boarders while they study here. There are separate hostels for boys and girls in different areas within a short walking distance from the College. They are scrupulously supervised while all efforts are made to provide a homely touch with a comfortable, pleasant ambience.

Be Involved Life beyond the Classroom



Co-Curricular Activities

Co-curricular activities for you here are a required, and dynamic, bridge between your academic accomplishment and extracurricular activities. They boost social interaction, leadership, healthy recreation, self-confidence & self-discipline. The intellectuality, personality, and academic worth of a scholar are shaped by them.

CCAs here certainly enrich students' lives by opening their minds, and developing their personalities and academic profiles through productive engagement and a balance approach to their lives. The College has varied co-curricular activities that galvanize our youngsters to do even better and stay ahead.

Clearly, these activities lead to higher academic results & stronger relationships. Participants tend to lead healthier & more active lifestyles. They foster a sense of belonging to the institution resulting in a happy & cohesive community of learners who are doers well prepared for the outside world.

Seminars & Workshops

The College organizes frequent seminars and workshops to inform students about higher education and related careers. These occasions are about specific subject areas and have an interactive environment for students to learn from experts and orientate themselves.

Publications

We regularly publish magazines and newsletters containing thought-provoking articles by experts that help to professionalize our students and foster managerial skills. In particular, KIST Newsletter furthers our collective initiative towards innovative growth while KIST Outlook is all about the institutional ethos, actions, and changes.

Contests & Fairs

KIST organizes numerous contests to stimulate intellectual or artistic pursuits. These include art & craft shows, debates, elocution, quiz contests, and recitation. Notably, we also organize a popular annual Fair that has a Science, IT & Management Exhibition, with imaginative projects of students, and related Competitions. This inter-college event promotes a vitally-needed inter-disciplinary approach to knowledge and assists in innovation or discovery linked to societal and national needs.

Clubs

KIST Sci-&-Tech Club

Computer & IT Society

Sports Club

Creative & Performing Arts Society

Literary Club of KIST

Youth Red Cross Circle

KIST Alumni Association

KIST Social Service Club

Extracurricular Activities

We believe ECAs play a rather meaningful role in a student's education and life. Curricular activities – mere studies – remain incomplete without vital extracurricular inputs since they help in the allround development of students.

KIST's extracurricular activities are indeed a vibrant side of its campus life making its students fit in body, mind, and spirit. Different kinds of ECAs are conducted throughout the year at KIST so that the students can tap and display their talents.

We actively encourage student participation in ECAs for other important reasons too. ECA records are carefully considered by admission officers in colleges or universities for student placements including scholarships & later by potential employers for job selection.

Clubs

KIST clubs delight and energize our hard working students and provide them a full college experience through healthy psychological outlets. We have many stimulating clubs for the students' diverse areas of interest like science and technology, management, or art and literature.

Social Service

KIST motivates its youngsters to serve society in as many ways as they possibly can. Many of our students volunteer for blood donation, public health awareness, sanitation programs, traffic safety and natural calamity relief.

Games & Sports

We emphasize this aspect of college life as it builds a competitive spirit & positively impacts students' overall development. Activities related to games & sports are a permanent fixture of the KIST daily schedule.





Be a Part of Our Tradition

Collaborating with Friends





Academic Excellence

KIST believes in a culture of excellence promoting outstanding academic achievement. The College strives for continuous scholastic improvement by narrowing the gap between aims and attainments. Our well-managed and peaceful campus environment is most favourable to real learning and keeps our students fully focused on their studies.

Positive Discipline

Our Code of Conduct instills a high level of positive discipline in our students. The College builds up a keen sense of task completion and time management among students. The work, discipline, and conduct of KIST students reap rich rewards and endear them to society.

Enriching Events

The College celebrates its campus life through annual events that unite and energize its students and alumni. Welcome and Orientation programmes, Award and Graduation ceremonies, and the Career Guidance Symposium add depth and texture to the KIST experience. Students make lasting friendships and enrich their thinking.

Parental Participation

We hold that parental supervision is necessary to foster educational development and student success. Close cooperation between the College and parents or guardians – meetings or consultations – brings about ideational harmony and behavioral consistency. So families themselves become educators through the milieu they provide at home.

Alumni Engagement

KIST has an Alumni Association to encourage fruitful, on-going interaction between past and present students. Such continued engagement builds up a web of mutually beneficial relationships and affects a free exchange of useful ideas or fresh information thereby greatly profiting all our students and their *alma mater.* Additionally, the Association aspires to support the institutional quest for academic achievement and all-round excellence.

Motivating Awards

KIST Merit Scholarships motivate students to excel in their performance in the Term and Board Examinations. The College also awards talentbased scholarships in fields beyond academics and need-based scholarships to help deserving disadvantaged students. Our awards stimulate the overall academic milieu of the institution and nurture higher overall achievement.

Interactive Platform

KIST's community of teachers and students discusses subject matters, projects, and activities across a wide network of relationships. The College also maintains close relationships with national & international universities and related bodies for stimulating intellectual enquiry. Representatives from various institutions provide useful information about educational and career prospects or career-related issues.



Realize Your Potential Get Top Results

An education at KIST will certainly help you reach your full academic potential and get top results.

There has been a remarkable improvement of the academic results of this long-established college in the last two years due to effective management alongside the sincerity of the students & parental support.

The total number of First Divisions & Distinctions secured by KISTians alongside the overall pass percentage has increased notably. This proves what all the College has recently done and can do in the near future in enhancing the qualitative performance of its students.

We have strong reasons to believe that this unstoppable trend of academic achievement shall not only continue but also improve!







Improved Performance

KIST has changed for the better in every way! The new management has greatly developed facilities and services in the College premises which have really helped students, teachers, and staff.

This friendly, vibrant environment has promoted academic progress and personal development. In addition, rules & regulations introduced recently have inculcated positive discipline and good manners in KISTians improving their personal behaviour, self-confidence, and academic achievement.

Kabita Kharel

XII Science Topper



A Balanced Institution

KIST College is outstanding not only academically but also for its extracurricular and co-curricular activities. Its atmosphere supports reflection, self-study, intellectuality, and debate – necessary elements of a fine academic institution.

The College is a wholesome package of experts comprising top educators and supportive faculty & staff members. The well-equipped library and labs help us to study really well while the harmonious, inspirational milieu boosts scholasticism.

Jeevan Raj Panta NEB Scholarship Holder



My Pride – KIST

Our academic foundation assists us to accomplish much in our lives! Today, I feel very proud to be a part of KIST which is undoubtedly the best college of Kathmandu.

Surely, it is a rock-solid platform for all serious, ambitious students – a place where dreams are nurtured. My achievement in my studies – in various exams – was all because of what this fantastic institution gave me.

Bhuwan Khatiwada XI Science Topper



An Amazing Experience!

Each day at KIST is a wonderfully pleasant experience. The College focuses on exploring the creativity, talents, and interests of students through different engaging activities and its teachers encourage us.

The best part about KIST is that it recognizes the special qualities of every student and motivates him or her in a careful, caring way to bring out the best. The College is totally student-centred.

Rabina Kulung

XI Management



Shape Your Future . . .

KIST happened to be a lovely discovery since choosing a college suiting one's needs or interests is difficult. It is the best thing that ever happened in my young life!

Why? This is a place where you will unlock your true potential, get to know yourself, and soar high because of all the help and encouragement they give you. The College definitely shapes your future.

Bishnu Rawat

XI Management Topper



A Success Mantra!

We all need to gain the right mantras – solutions – from our gurus to become outstanding students. A great college is the place which will make your questions themselves life's answers.

My active involvement in extra classes alongside the supportive & interactive competitive learning processes provided by KIST was my first step towards excellence. This ideal edufamily will support you in every way – educationally or personally.

Shyam Sharan Bhandari KIST Scholarship Holder

Faculty & Staff

Making a Difference

Advisory Board

Prof Dr Upendra K Koirala Vice-Chancellor, Mid-Western University

Prof Dr Bharat Raj Pahari Former Dean, IOE, Pulchowk, TU

Prof Dr Ananda Shova Tamrakar Tribhuvan University

Prof Dr Sashidhar Ram Joshi IOE, Pulchowk, TU Prof Dr Tulsi Pathak Tribhuvan University

Prof Dr Lekhnath Sharma Director, Open & Distance Education, TU

Prof Dr William Patrick Arnott University of Nevada Reno, USA

Dr James C Bernard Pacific Northwest National Laboratory, USA



Faculty

Physics

Birendra Prasad Yadav Dambar Singh Air Deepak Nepal Kamal Prasad Sharma Sushil Khanal Sushil Shivakoti Tribendra Timilsina Tej B Chand

Chemistry

Amala Shrestha Lokendra B Bamma Rajiv Paudel Ranabir Bohara U R Gautam

Biology

Amber B Thapa Indra Prasad Subedi Prakash Man Rajbansi Shova Shrestha

Mathematics

Huma Nath Pandey Kamal Marasini Pradeep Bagale Ramesh P Gupta Raphi Bhandari

Computer Science

Deepak Khadka Laxmi Sharma Sanjaya Dhungana Surya Bahadur Basnet

English

Dipendra Singh Bista Krishna Kumar Yogi Rajiv Niraula Rameshwar Simkhada

Nepali

Geeta Karki Mukunda Raj Dahal

Staff

Abani Tandukar Arjun B Pudasaini Balaram Thapa Basanta Blown Basulal Deula Basundhara Chhetri Bishnu Raya Chandra Deula Chandra B Gurung Giriraj Pokhrel Govinda Aryal Hari Bahadur Thapa Hari Niroula Indu Shrestha Jay Pathak Khindra Kafle Kush Sunder Shrestha Man B Rai Meena Shrestha Mousami Shreepali Muna Shrestha Narayan Mangrati Naresh K Sunuwar Navaraj Lamichhane Nil Prasad Subedi Nitesh Chaudhary Pramila Rai Pramod Thapa Accountancy Basudev Khatiwada Kamal Aryal

Kamai Aryai Sabin Pokharel Sunil Babu Adhikari

Business Studies Beeva Upadhyaya Keshav Aryal

Marketing

Gaurab Karkee Santosh Pokharel

Economics Gyanendra Adhikari Mukunda Dahal

Hotel Management

Suban Raj Katwal

Rajan Raya Rajesh Chaudhary Ravi Khadka Rudreshwor Mallapati Sabin Manandhar Salma Khatun Santosh Sunuwar Saraswati Pantha Shisam Shrestha Subash C Panday Sunita Shrestha Umesh Karmacharya



Join Us Shaping Your Future!





Eligibility

Applicants need at least GPA 2.8 or Equivalent Grades in SEE / Equivalent level exams for enrolment in Science & at least GPA 2.6 or Equivalent Grades in SEE / Equivalent level exams for enrolment in Management.

Application Forms

Application forms for admission and entrance exam entry are available at the KIST office and also online at www.kist. edu.np. Applicants should submit these forms duly filled in with all supporting documents by the given deadline.

Entrance Test

Getting through this Test is mandatory for admission. The Entrance Test appropriately assesses the examinee in areas related to the choice of course – Science or Management. We suggest student applicants collect Sample Test Papers along with Application forms in order to prepare themselves for this competitive entry exam.

Results

The results of the Entrance Test are strictly based on the order of merit and normally declared the very next day of the Test. The names of the selected student applicants are pasted on the College Notice Board and also posted on the College website: www.kist.edu.np.

Interview

Student applicants who have cleared the Entrance Test are individually interviewed thereafter. The date and time of each interview is mentioned in the Entrance Test Results sheet. It should be kept in mind by the applicants that they ought to be accompanied by either their parents or their guardians when they come for the interview. Moreover, applicants must bring all the required documents.

Offer of Admission & Acceptance

Selected applicants are handed Offer Letters for Admission with or without offers of Scholarships at the end of their interviews. They need to submit their acceptance within the stipulated period to get admitted.

Enrollment

Once the College receives a letter of acceptance from the applicant, it will confirm admission forthwith subject to the payment of fees. Successful applicants shall be enrolled as bona fide KIST students on the completion of this process!

Enrichment Activities

More than just studying

Studying at KIST is to have motivating experiences, to be actively engaged, and to pursue what interests you through the numerous opportunities we provide. Promoting health and self-confidence, such activities lead to wider achievements – including good grades – that are highly valued by universities the world over.









































www.kist.edu.np

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KIST



Naxal

Ganeshwor

C